

The Pool of Peace

By Emilie Spear

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The nurse added 1,270 mls to the white board by the door, almost tripling the amount of blood that had been lost. My dear husband's eyes shifted from being calm to outright fearful. I looked at the beeping machine and saw the blood pressure numbers falling and that my heart rate was extremely low. *How could I still have any consciousness?* I could see a group of doctors huddled together looking concerned and rather confused. The nurses scrambled to get yet another blood transfusion into my body, as they called for, "Four more pints of blood – immediately!" Terci, the nurse who had helped deliver our twin girls, was sitting next to me, touching my shoulder, reassuring me, as she switched one machine on and pushed a button on another. I felt tired. Really, really tired.

As I looked up at the clock to see how much time had passed, the numbers began to fade and turn white. I looked at Terci with concern and said to her, "The numbers are turning white on the clock. Everything is turning into a beautiful, shining white light." Strangely, this light was comforting and inviting. My body became heavy and rather pain-free. I turned my head towards the doctors, nurses, and my husband and saw bright iridescent silver strings attached to each person's head, radiating upward, and thought, *Hmm, I wonder where they go?* They seemed to pulse, and some were shining stronger and more brightly than others.

As they all scrambled around, the light became brighter, more encompassing, and I was feeling more and more ... at Home. A sense of Peace was washing over me, although I could still see that everyone around me appeared frantic.

Terci whispered to me in a firm manner, "You stay with me. Hear me? You stay with me. I am not going to leave you."

I noticed her silver shining string shone the brightest, and then my eyes softly closed. The last thing I heard was, "Drop her head below the heart...."

No time. No day. Nothing. Darkness.

Then suddenly, as if in a lucid dream, I was watching my entire life unfold before me like a movie. I saw where my kind generous care for friends, family members and complete strangers from the past had turned their life direction to the better. I saw how my simple smile could change a moment in someone's life so deeply. I also saw myself in conversation with others and

their inner silent reactions. In some moments, I was shown the depth of their inner pain and my unconscious ways of relating that I had not understood before.

Who would have known the great impacts we have on each other? This personalized movie was revealing the subconscious underlay of my entire life. The memories shown to me had a theme, as if there was a particular message I was intended to learn. *Hmm, what was the larger message?*

These memories showed my gifts, my strengths, my successes; where I had made mistakes and grown, and aspects I had not yet fully understood while connecting with other sentient beings. Upon reflection, I was grateful for the life I had and yet also felt I could have done better! To have loved with greater awareness. To have had the capacity to understand the subconscious underlay which would allow me to understand other people even more, to be softer with my words and gentler with my actions... to Love in greater capacity!

The movie seemed to end, and I began floating upward and across toward a pool of golden soft light. I gently sat down upon the warm airy bank in a comfortable meditative posture. My lighted body felt very relaxed and rather spacious like a wispy cloud.

The more relaxed I became, the more the golden light radiated warmly, and a calming, peaceful and soothing essence enveloped me. I could melt here forever. I was safe. I was Home. I was okay. Eternal Peace.

Then, out of the corner of my eye, a gentle, soft ripple appeared in this golden pool. With a smile, I curiously thought, *Hello*.

The golden energy rose higher out of the pool and met my thought with an equal curiosity and kindness. Both of our energy-thoughts merged and eventually dissolved back into this Pool of Peace as One. Once the energy returned to the Pool of Peace, a sensation of delicious calming love, harmony, and wholeness washed over me.

In response, another thought arose from my mind to the light, *You are so warming and caring*. The golden light energy gently stirred and arose out of the pool to meet my thought with enormous warmth and care. Slowly, our energies merged and gently fell back into the Pool of Peace as One. Then, a sensation of wholeness, ease and flow washed over me. *What playful energy this is!*

With a childlike curiosity, I consciously chose a thought. *Let's laugh and be boastful and play!* This energy-thought jetted out from my light body with joyfulness towards the golden pool.

Quickly, a whirl of energy burst from the water, playfully tossing, and turning and meeting every aspect of my excited energy-thought, to once again unite each aspect and dissolve back into the Pool of Peace as One. Once settled, a great JOY vibrated throughout my entire lighted being. The sensation was beyond measure. I had never felt so complete and happy. *This must be Heaven! If this is Heaven, could this be God? If so, I'd better be good and ONLY offer good thoughts.*

Yet, I felt incredibly Safe and really couldn't do anything "wrong." With courageous curiosity, I thought maybe I could try something "not so good" but not "terribly bad" to see what happens? *Anyway, who's deciding what's "good" or "bad?"*

So, I mustered up some tears and memories of deep sadness rooted in shame, crawled shyly to the edge, and dropped it into the Pool of Peace.

I slowly sat back with my head down and tears falling from my eyes. A gentle, warm breeze wisped through me as if to offer me a gentle hug of assurance. As I slowly opened my eyes, a swirling, misty, soft, golden light arose with tenderness and care, and delicately touched every little hidden facet, including the darkest aspect of shame—which was fully embraced by this golden light ... merging together and simply disappearing back into the Pool of Peace as One. The Pool was Still.

In reflection, I felt a lifetime's burden lifted from my heart, and my airy being became even more weightless and lighter. The sensation of love grew more and more strongly in my heart and all around me. I had never felt this abundant, complete unconditional Love before. I was falling in-Love like never before. *But wait! What?* To my amazement, I could see that this Pool of Peace was falling in-Love with me, too! There was an Invitation, asking me to release more and more.

I was Safe. This unconditional Love was showing me there was no such thing as "good" or "bad." In fact, the more I offered, the more encompassing Love was being generated all around me. This Love was magnetically pulling me towards the Pool of Peace, to become One.

The Invitation was to free myself and surrender the burdens of sorrow and suffering.

This Love was so rapturous, blissful, and completely consuming me. I was losing any sense of self-identity.

With great gratitude, I offered energy-thoughts and feelings of guilt, laughter, regret, happiness, confusion, firm beliefs, hopefulness, worthlessness, attachments, aversions... each time, being fully met, dissolving more and more, falling more and more in-Love as One. Each aspect of identity was being transmuted back into pure Divine Love. My lighted body was disappearing ever so gently and softly, merging more and more into the golden light. It seemed there wasn't anything this Pool of Peace would not fully meet with compassionate love to make whole. However, there was one more thing left.....

Would it accept ... the darkest of the darkest...? Could this love be that merciful, nonjudgmental, and gracious? Could it accept anger with all the jagged edges of resentment and hatred? Dare I?

As if aware of my thoughts, the Pool of Peace answered, "Yes." I slowly stood up and abruptly threw angry and bitter thoughts to the center of the pool, with absolute conviction. As I wanted to be free of suffering, I knew I had to Surrender everything!

As I stood there, the golden light rose high and sharply into the air, shocking me with its serrated edges and fierce determination.

I stepped backward with uncertainty, wondering how this would end.

Its spiky points quickly moved to soften and meet every one of the sharp angles, cracks, crevasses, and frightening fragments of this raging energy-thought. The golden light quickly and precisely met every aspect - nothing was untouched. The energies merged, made whole again, and then dissolved back into the Pool of Peace as One.

Not a single ripple could be seen.

Done.

It was over.

"I" sat down.

Humbled.

A wave of enormous Peace washed over everything.

My lighted body was disappearing, evaporating into the golden light.

There was no separation.

The all-encompassing unconditional compassionate Divine Love was everywhere.

*“I” became no-thing.
Yet, I AM everything.
The Pool of Peace has all of “me”.
And, all that is “me” is the Pool of Peace.
Oneness.*

Suddenly, a bold Voice proclaimed, “This is Divine Love.”

The vibration of this Voice penetrated the air, tincturing all of known existence with Wisdom of how Divine Love transmutes every aspect of separation and suffering, returning any aspect of self-identity into Oneness with Grace.

My lighted body re-appeared again. However, this time I was PINNED in a meditative posture. I COULD NOT MOVE. My back was in a straight line and my head perfectly balanced with a string of silver light holding me in perfect placement. No movement. Not even a thought. Stillness.

An extremely bright Light from above came down and touched *through* my forehead between my eyes at the ajna center. A pure white-lighted star awakened inside my forehead. It had always been there, Eternally, waiting to be lit. Like unwrapping a gift, a package of transmissions, lifetimes of teachings, full understandings of Divine Love manifestations awakened within me.

Wow, what just happened?

Then, “I” began to merge back into the Pool of Peace, again. This time, falling deeper and deeper, faster and faster, in-Love. More and more golden Light penetrating through every aspect of my being, no more thoughts, no aspect of consciousness, everything dissolving into the great abyss of Divine Love. Disappearing ... Becoming One.

“MOM. MOM!”

My eyes opened to the beautiful face of my newborn daughter, Cora, as I was blissfully disappearing into the Eternal Divine Love.

“Remember, YOU are my MOM. You promised me, YOU would raise me.”

I could see deep into Cora’s eyes and the depth of her request.

Her twin sister, Sonja, was standing beside her with sad eyes.

“Yes, I remember the promise and your life has just begun.”

Many pathways appeared, showing how my daughters would be raised, with or without me. I could not bear any pathway other than the one as their mother.

Suddenly, I was floating above my physical body in a hospital bed. I could see the threads of silver light on top of the heads of the doctors and nurses. They led to the Pool of Peace. Terci’s head was shining brightly, just as before, as she was praying to Jesus. I saw Jesus touching her shoulder and he looked at me with the most Loving eyes, melting my heart as he emanated this Divine Love I had experienced. He asked if I wanted to go back to my body.

I nodded, yes. With a smile, I whispered to Jesus, “I’m going to need some help getting back into that body. It’s very weak. Dr. Rose has a very bright light. Can we work through Terci and her?”

Jesus replied, “Yes. Trust. Take what you have learned and bring that forth to ALL that you touch.”

“Yes, I Promise.”

The Pool of Peace and the image of my lighted star-lit forehead flashed before me. My sacred Promise was to continue to unwrap this star-lit gift sealed inside of me and to BE a living, breathing human, expressing to my best capabilities these teachings of Divine Love.

Then, the life-movie of my prior life memories appeared. In that quick moment, I proclaimed, “I’m doing this differently from now on!”

All sorts of karmic ties began to unwind between relationships. People and events appeared and disappeared, and automatic emotional reactions evaporated out of my physical body. New concepts of responding with compassion were filling this image of “me.” Old “contracts” between relationships were no longer needed. Personal desires and ancient hurts were healed and brought back to wholeness.

Oh, I see how this works! This type of personal healing must be done in order to grow beyond personal desires and bring forth expressions of Divine Love for ALL beings. It’s a perfect Design!

Gathering these new insights, I remembered that the Pool of Peace had no other “agenda” than to wait for an arising, to clearly see its shape and energy, and to meet it fully and completely— to bring all back into wholeness and dissolve into the Pool of Peace as One.

I remembered, after each dissolving, I was blessed with increasing lighted Love, Grace, and Joy—which penetrated through everything. In Divine Union, the distinction between me and the Pool of Peace merged into One.

I was shown, no matter what is manifested, it can be met with Divine Love.

As all is One.

Jesus said, “Time is Now. Trust.”

With my heart packed full of gems, and my forehead to light the way, I closed my eyes and Trusted like never before... falling, falling, falling into darkness....

Oh, I hear Terci’s voice. Where is she?

I moved closer and closer as her voice became louder and louder.

“Emilie, I’m right here. Come back. I’m not leaving you! Come back.”

My eyes opened to her loving eyes.

She said, “Ah, there you are!”

She was my tether to find my way back. Several angels attended with care around her, and Jesus stood behind them with a twinkle in his eyes.

I knew I had made it. I thanked Jesus and the angels.

Smiling at Terci, I said, “You are my Earth Angel. Thank you for believing in me.” And she smiled with a great sigh of relief.

Moments later, Dr. Rose was able to determine the cause of my physical ailment post-childbirth, which required emergency surgery, immediately. The most experienced surgeon was starting his shift and the operating room suddenly had an opening.

During this surgery, I continued to unwrap further teachings of Divine Love.

Integration of this experience has slowly merged with my physical form over time. During that period, at times, I wished I could have gone back to the Pool of Peace to experience such Oneness and Divine Love because there were moments where human life seemed riddled with fear and separation. There were moments of confusion.

However, memories of the soft eyes of Jesus and my Soul Promise kept me inspired to figure out how to integrate even more and bring this Heavenly experience of Divine Love into my physical human daily life.

At the tender age of two, one of Cora's first sentences was "Mom, are you going to die again?" Her words stopped me so suddenly, as if she had known about this intimate inner experience since birth! This confirmed to me that she did call me back. That is, her Love for me and my Love for her pulled me back. I turned to her beautiful face with a gentle smile and looked deeply into her blue eyes and whispered, "No, honey, I am here to stay. I LOVE you."

Before my seventh year "new birthday," Jesus came into my meditations and supported further integrations. Since then, many blessings of the presence of other beautiful souls have entered my life to deepen further integration. The golden light from the Pool of Peace taught me what it means to truly and unconditionally Love with all-encompassing Compassion for all beings. The practice of observing my inner arisings as they appear, seeing them as movements of energy, meeting them fully without judgment and unconditional Love, and watching them dissolve into wholeness, has continued to heal more and more aspects of my human life. Furthermore, as I have learned to love myself this way, my capacity to unconditionally Love other people, animals, and any energy that arises has increased. As a result, more joy, peace, calm and harmony flows through me with such Grace. I am certainly living my life very differently now.

More "gems" of Divine Love have been slowly unfolding within my mind in the most gentle, kind, and graceful ways, with perfect timing—like a blooming Eternal Rose. I Trust so fully. ALL is unfolding perfectly!

Furthermore, fear has decreased significantly with whatever arises before me. I can see now it is simply energy made by the golden light of Divinity, offering an opportunity to practice meeting it with Divine Love. Because of this direct experience, I *know* that LOVE can meet any energy, and that it is LOVE that heals, transmutes and dissolves back into Oneness.

When whatever arises is seen, met and cared for, then it is made whole again. All eventually rests in the Pool of Peace as One. To give Love is to Bathe in-Love with all things around. And from this point of view, there is no separation between Heaven and Earth – as Heaven is *here* – right now – waiting to be remembered.

Every Life is precious – and to Love in each moment of Life is our Greatest Joy.

In 2021, my life continues to unfold in surprising and magical ways. I enjoy writing and sharing these gems of Divine Love that are available at any moment of our everyday lives.

And when there is a precious moment when someone transitions out of the physical body,
I hope to bring some ease to let them know: There is nothing to fear.

Trust, as Jesus said. Trust. The Greatest Love is waiting for your remembrance.

Thank you for listening, and many Blessings to you and all beings. Peace to All.

~ Emilie Spear